

Bare Bones Schedule

Date	Start	End	Event Description
Friday Session 1	1400	1745	Open Track
	1500	1730	Number pick up, Late Registration
	1745	1755	Riders Meeting – Event Opening
	1800	1:00	Keirin Qualifier As necessary 6 to qualify <ul style="list-style-type: none"> • C Open • B Open • Women • A Open
		1:00	Scratch <ul style="list-style-type: none"> • Novice 20 • C Open 30 • B Open 40 • Women 40 • A Open 60
		0:30	Keirin Final <ul style="list-style-type: none"> • C Open • B Open • Women • A Open
		1:00	Snowball <ul style="list-style-type: none"> • Novice 10 • C Open 15 • B Open 30 • Women 30 • A Open 45
		0:30	Team Sprints 3 up team sprints, open to all categories

Date	Start	End	Event Description
Saturday	0815	0915	Open Track
	0815	0900	Late Registration – Team event, Registration
	0920	0930	Rider Meeting
Sessions 2	09:30	1:00	200m TT – 8 to qualify <ul style="list-style-type: none"> • Women • Open
		1:40	Sprints - 1 st round (one ride) <ul style="list-style-type: none"> • Women • Open
		1:20	Scratch Race – Omnium <ul style="list-style-type: none"> • Novice – 25 Laps • Women – 50 Laps • D Master - 25 Laps • C Open - 30 Laps • B Open - 50 Laps • A Open - 60 Laps
		0:30	Sprints - Semi Final (one ride) <ul style="list-style-type: none"> • Women • Open
		1:00	Tempo Race – Omnium <ul style="list-style-type: none"> • Novice - 20 Laps • Women - 40 Laps • D Master - 20 Laps • C Open - 20 Laps • B Open - 40 Laps • A Open - 50 Laps
Session 3	1400	1645	BREAK
	1400	1430	Open Tack for Youth – Coaches must be monitoring
	1445	1545	Youth Ability Races – <ul style="list-style-type: none"> • Scratch Race • Split Scratch Points • Win and out Coaches must be monitoring
	1545	1620	Open Track

Session 4	1630	0:35	Sprints - (5-8) <ul style="list-style-type: none"> • Women • Open
		1:00	Sprints - Final (ride 1) 3-4 Ride followed by 1-2 Ride for each group <ul style="list-style-type: none"> • Women • Open
		1:00	Sprints - Final (ride 2) 3-4 Ride followed by 1-2 Ride for each group <ul style="list-style-type: none"> • Women • Open
		1:00	Elimination Race – Omnium <ul style="list-style-type: none"> • Novice • Women • D Master • C Open • B Open • A Open
		0:20	Sprints - Final (ride 3 - as necessary) 3-4 Ride followed by 1-2 Ride for each group <ul style="list-style-type: none"> • Women • Open
		0:30	
		0:30	
		1:30	Points Race – Omnium <ul style="list-style-type: none"> • Novice – 3*10 Laps • Women – 6*10 Laps • D Master – 3*10 Laps • C Open – 3-10 Laps • B Open – 6*10 Laps • A Open – 8*10 Laps
		0:15	Marymoor Crawl/Longest Lap <ul style="list-style-type: none"> • Open

Date	Start	End	Event Description
Sunday	10		Open Track
			Late Registration – Team event, Registration
			Rider Meeting
		1:40	Madison Clinic and Races With Andy Baker
		1:20	IP and gate practice
		0:30	
		1:00	

Technical Guide

- Race Director reserves the right to combine categories in order make competitive field sizes.
- “D Masters” = (50+), can race in D Masters, as well as additional categories (C or B) with permission from the Race Director
- Women, can race in women’s category, as well additional categories (C, B or A) with permission from the Race Director
- “A Open” category sprinters are permitted to race as B endurance.
- Riders may only ride in one sprint tournament category unless otherwise stated in this technical guide.
- Riders dominating the category are eligible to upgrade at the Race Directors discretion.
- There are no commissaires at Bare Bones – sports(wo)manship is required, engage in fair play
- Burnaby Velodrome Code of Conduct must be acknowledged by all participants.
- Rider without a UCI or BC Provincial licence will require Cycling BC Provincial Rider Insurance available through online registration.