



**BURNABY
VELODROME
CLUB**

Presents

2021 Provincial Track Championships

Sanctioned by



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1 Welcome Remarks

Thank you for your interest in participating in the 2021 BC Provincial Track Championships. The Burnaby Velodrome Club is proud to host this event that has not been held at the BVC in several years and is the first provincial level event since the COVID-19 pandemic started. Through the support of Cycling BC we are able to welcome competitors, their families, friends and our community to the Burnaby Velodrome located on the ancestral and unceded homelands of the [heñqəmiñəm](#) and [Skwxwú7mesh](#) speaking peoples.

The mission of the Burnaby Velodrome Club is to enrich all levels and abilities within the track cycling community. The Burnaby Velodrome Club is a not-for-profit society that offers Burnaby residents, as well as athletes from Western Canada and the Northwestern USA, access to year-round track cycling programming. For over 20 years, the society has developed into a key stakeholder involved in the international recognition of Canadian track cycling.

Enjoy your weekend.

Sincerely,

Hans Loeffelholz

President
Burnaby Velodrome Club



COVID-19 Protocol

COVID Occupancy Limits: 225

Riders and those using the facility including spectators must:

- Ensure they only come to the event if they are:
 - feeling well
 - not COVID-19 positive
 - not required to self-isolate
 - not a close contact to someone that has been identified with COVID-19

If you must pull out of the event email info@burnabyvelodrome.ca

- Attempt to maintain physical distancing from others, when possible, as a courtesy to others.
- Wear a face covering or non-medical mask when not engaged in competition.
- Sanitize their hands upon entry to the facility and throughout the day.
- Sign the Harry Jerome Sports Centre COVID-19 Declaration upon entry.
- Wash their hand frequently.
- Not leave garbage lying around for others to pick up.
- Not spit on the track or over the rail of the track, or produce “snot rockets”
- Follow BC PHO order and directions with respect to sport, events, at all times.
- Follow viaSport directions with respect to sports, events at all times.

Due to the unpredictable nature of the pandemic, there are measures that might be taken that are out of the control of the organization.

The BVC wishes to offer athletes the best, safest competition, so please do your part and take appropriate steps and measure to ensure the safety of yourself and your fellow competitors.

Spectators

Spectators are permitted at the event provided based on the maximum occupancy during COVID. Priority is given to athletes and supporting members of teams.

Spectators are asked to use the bleachers and come to the infield only if necessary.

Key COVID-19 Related Links:

- Step 3 of the [BC restart plan](#) is in effect as of July 1.
- Return to sport chart - [viasport](#)
- FAQ – return to sport - [viasport](#)
- Cycling BC [return to play](#)



2 General information

2.1 Event Overview

Friday Aug 20, 2021, to Sunday August 22, 2021

The Provincial Track Championships are an event that brings together the top competitors in the province to compete for championship titles governed by CyclingBC.

2.2 Venue

Burnaby Velodrome Club
 Harry Jerome Sports Center
 7564 Barnet Highway
 Burnaby, BC V5A 1E7

2.3 Race Staff

Position	Name	Contact
Chief Organizer	Hans Loeffelholz	info@burnabyvelodrome.ca
Race Services Director	Cory Ostertag	cory@cyclingbc.net
Volunteer Coordinator	Hans Loeffelholz	info@burnabyvelodrome.ca
Marketing Director	Solveig Stoebe	Solveig@burnabyvelodrome.ca
Facility access and storage	Neil Salway	neil@burnabyvelodrome.ca

2.4 Officials Committee

Position	Name	Contact
Technical Delegate	Cory Ostertag (Cycling BC)	cory@cyclingbc.net
Chief Commissaire	Michael Pinkoski (AB)	
Secretary	TBD	
Member	Kim Allen	
Member	Heidi Ujfalusi	
Member	Robert Armstrong (AB)	
Timing	Doug Pougé - https://racetiming.ca/	

2.5 Race Headquarters, Awards, Podium location, Media

- The Race Headquarters will be in the velodrome infield.
- Awards ceremonies will take place in the velodrome infield.
- All media are asked to check in at the race headquarters or with the chief organizer.



2.6 Useful Links

Race Website	https://www.burnabyvelodrome.ca/racing/provincial-track-championships
Registration	https://www.burnabyvelodrome.ca/racing/provincial-track-championships/registration/
UCI Track Regulations	https://www.uci.org/docs/default-source/rules-and-regulations/3-pis-e_english.pdf?sfvrsn=da11c58e_22
Cycling Canada Regulations	https://www.cyclingcanada.ca/wp-content/uploads/2021/04/Companion-Guide-2021_ENG-04.21.21.pdf
Cycling BC	Cyclingbc.net
Race Results	https://racetiming.ca

2.7 BC Championship Medals and Jerseys

There will be a BC Championship jersey presented to the winner of each age category in the selected BC Championship “jersey” events provided they meet the residency, and licensing requirements, in section 3.2.

Where there are less than 4 competitors in a category the number of medals presented will be n-1. Where “n” is the number of riders in that category.

BC Championship events awarding a provincial title championship jersey are:

- Omnium
- Keirin
- Match Sprint
- Individual Pursuit
- Time Trial (500m and 1000m)

BC Championship Events awarding medals (no jersey) to the podium are:

- Team Sprint
- Team Pursuit
- Open Madison

2.8 Fixed Race Distances

- Flying 200 M – 3 laps (sprint qualifier round)
- TT 500 m - 2.5 laps (championship ride – one ride)
- TT 1000 m – 4 laps (championship ride – one ride)
- IP 2000 m – 8 laps (championship ride – one ride)
- IP 3000 m – 15 laps (championship ride – one ride)
- IP 4000 m – 20 laps (championship ride – one ride)
- Keirin – 1400 m -7 laps (3.5 on the bike, 30 kph up to 50 kph, 3.5 laps to go – bike pulls off on the backside of the track after seeing 4 laps to go on the lap board)



2.9 Race Schedule

Date/Time	Event	Category	Distance	Laps
Friday 20-Aug-2021				
3:00 – 3:45 PM	Number Pick – Registration &	Priority to TT, IP, and Team Sprint		
1:30 PM	Velodrome Open			
2:00 – 3:30PM	Open Track			
3:30 – 3:45 PM	Managers Meeting			
Racing begins 4:00PM -	Timed Trials	Master D 65+	500m	2.5
		Master C 55-64	500m	2.5
		Master B 45-54	500m	2.5
		Master W 35+	500m	2.5
		U17 W	500m	2.5
		U17 M	1000m	5
		U19 W	500m	2.5
		U19 M	1000m	5
		Master A 35-44	1000m	5
		Elite W	500m	2.5
		Elite M	1000m	5
	Individual Pursuit	Master D 65+	2000m	10
		Master C 55-64	2000m	10
		Master B 45-54	3000m	15
		Master W 35+	2000m	10
		U17 W	2000m	10
		U17 M	2000m	10
		U19 W	2000m	10
		U19 M	3000m	15
		Master A 35-44	3000m	15
		Elite W	3000m	15
		Elite M	4000m	20
	Team Sprint	Master D 65+	400m	2
		Master C 55-64	400m	2
		Master B 45-54	600m	3
		Master W 35+	400m	2
		U17 W	400m	2
		U17 M	600m	3
		U19 W	400m	2
		U19 M	600m	3
		Master A 35-44	600m	3
		Elite W	600m	3
		Elite M	600m	3
	Medal Ceremonies			

Date/Time	Event	Category	Distance	Laps
Saturday 21-Aug-2021				
8:15-9:15	Number Pick – Registration &			
8:15-9:15	Open track			
9:15 – 9:30 AM	Managers Meeting and opening comments			
9:35 AM Racing begins	Sprint Qualifying – Flying 200m 8 to qualify	Master D 65+ Master C 55-64 Master B 45-54 Master W 35+ U17 W U17 M U19 W U19 M Master A 35-44 Elite W Elite M	600m	3
	Sprint ¼ Final	All categories with 8 qualifiers – one ride	600m	3
	Omnium - Scratch	Master D 65+		
		Master C 55-64		
		Master W 35+		
		Master B 45-54		
		U17 W		
		U17 M		
		U19 W		
		U19 M		
		Master A 35-44		
		Elite M TK3-4 Elite W Elite M		
	Sprint ½ Final	one ride	600m	3
	Omnium - Tempo	Master D 65+		
		Master C 55-64		
		Master W 35+		
		Master B 45-54		
		U17 W		
		U17 M U19 W		

		U19 M		
		Master A 35-44		
		Elite M TK3-4		
		Elite W		
		Elite M		
BREAK				
Approximately 2:00 PM	Youth ability-based bunch racing	U13, U15,	TBD	
Afternoon Session				
4:00 PM	Sprint Ride 1		600m	3
	Omnium - Elimination	Master D 65+		
		Master C 55-64		
		Master W 35+		
		Master B 45-54		
		U17 W		
		U17 M		
		U19 W		
		U19 M		
		Master A 35-44		
		Elite M TK3-4		
		Elite W		
		Elite M		
	Sprint Ride 2		600m	3
	Omnium - Points	Master D 65+		
		Master C 55-64		
		Master W 35+		
		Master B 45-54		
		U17 W		
		U17 M		
		U19 W		
		U19 M		
		Master A 35-44		
		Elite M TK3-4		
		Elite W		
		Elite M		
	Sprint Ride 3	If required	600m	3
	Medal Ceremonies			

Date	Event	Category	Distance	Laps
Sunday 22-Aug-2021				
8:00-9:00	Registration	and open track		
9:00	Managers	Meeting		
9:15 AM	Keirin Qualifiers	Master D 65+ Master C 55-64 Master B 45-54 Master W 35+ U17 W U17 M U19 W U19 M Master A 35-44 Elite W Elite M	600m	3
	Team Pursuit	Master D 65+ Master C 55-64 Master B 45-54 Master W 35+ U17 W U17 M U19 W U19 M Master A 35-44 Elite W Elite M	2000m 3000m 3000m 2000m 3000m 3000m 4000m 4000m 4000m 4000m 4000m 4000m	10 10 15 10 15 15 20 20 20 20 20 20
	Keirin Final Minor then Major for each category – as necessary	Master D 65+ Master C 55-64 Master B 45-54 Master W 35+ U17 W U17 M U19 W U19 M Master A 35-44 Elite W Elite M	600m	3
	Madison (Registration dependant)	U17 W U17 M U19 W U19 M Elite W - open Elite M - open		
	Ceremonies			

The organizer reserves the right to combine categories and change distances for bunch races based upon registration.

3 Event Specific Information

3.1 Rules & Racing format

All events

- Sprint
 - The qualification for the Sprint tournament will be a flying 200m TT.
 - 8 to qualify.
 - Only the final (gold/silver, bronze/4th) will be a best of three.
 - Categories with few riders will go directly to the semi-finals.
- Keirin
 - Format of the Keirin tournament will be based on the number of riders registered.
- Individual Pursuit and Time Trial
 - One ride only (final).
- Omnium
 - If there are more than 20 riders registered in any category, there will be a qualifying points race, but shorter distance. An even number of riders will advance from each group to a maximum of 10 from each qualifying heat.
 - Riders must finish the previous omnium event (may not skip an event) to start the next omnium event.
 - The race organizer reserves the right to combine categories and change distances at their sole discretion.
- Team Sprint & Team Pursuit
 - One ride only (final).
 - If riders are without teams, composite teams are highly encouraged. Composite teams can include mix women and men teams.
 - Teams made up of mixed categories will be placed in the category of the most competitive field based on the rider with the highest-level license. For example
 - Elite if there is at least one Elite
 - U19 if there is at least on U19 and no elites or masters
 - Master A if there is at least one Master A and no elites or U19
 - U17 if there are no U19
 - Master B if there are no Master A riders

- Where a woman is on a mixed team the team will be listed under men and then category based upon the above.
- Teams must be submitted to the registration desk near the beginning of the session.

3.2 Eligibility and License information

- All athletes must be in possession of a valid UCI international license or a Cycling BC provincial race license.
- Domestic licenses from other countries or provinces within Canada are not permitted.
- Out of province riders are permitted in this event, however, these riders are not eligible for championship medals and jerseys. Podiums will be conducted for placings, as well as for championships medals as necessary
- 1 day event licenses will be available for the following categories:
U15/Youth Ability Based Racing.

3.3 Categories

- All competitors must enter their event class as shown on their license.
 - Master MD: 65+
 - Master MC: 55-64
 - Master MB: 45-54*
 - Master MA: 35-44*
 - Master MW: 35+*
 - Master MW: 55+
 - Elite M (19+) TK Category 1&2
 - Elite M (19+) TK Category 3
 - Elite W 23+
 - U19 Men
 - U19/U23 Women
 - U17M
 - U17W
 - U15 and younger (Youth Ability Based Racing)



*In certain instances, riders in these categories may be given permission to race Elite TK1&2.

*Racers that wish to race outside of their licensed category are eligible for provincial titles in the upgraded category. i.e. if you finish first, you will receive the jersey and the medal.

*Racers that wish to race outside of their licensed category must select one category for all races. i.e. the rider selecting to race as an elite when licensed as a master must compete as an elite for all the races they enter.

3.4 Youth Ability Based Racing

In 2021, Cycling BC will continue to employ an ability-based category model for youth racing in order to challenge athletes and allow them to race peers by ability in similar stages of athlete development. This model has been proven to engage young athletes, build capacity within youth cycling and build community among youth cyclists. The event will feature an ability-based racing program for U15 youth during the afternoon of Saturday, August 21, 2021.

- Applies to riders U15 and younger.
- Ability based groupings.
- U17 riders can request to race down into ability-based groups.
- For the best race experience, coaches/parents should register racers in one of the following categories that best describes the racers' ability level:

A. can ride up to or above 40kph avg

Skills mastered or refined from level B as well as - tight pack condition riding, using the track to improve position, acceleration through dropping down banking, riding at the rail out of the saddle, contact with other riders, reacting to crashes, sustain 30 minute Max. effort, assess track and opponents and choose strategy.

B. can ride 35-40kph avg

Skills mastered or refined from level C as well as - previous track pack riding experience, other group riding, in and out of saddle acceleration, riding at the rail in the saddle, understand/execute tactics. Sustain 20-minute Max. effort.

C. can ride 30-35kph avg- coached race for beginner racers

Skills mastered, refined or consolidating - entering the track with consideration of other riders' speed and position on the track, shoulder checking to look up and down the track, calling out "stick", group track riding at other tracks, riding a paceline, changing speeds to adapt to changing conditions, modulate speed, standing sprint, refined agility.

3.5 Upgrades

- Masters racers may request permission to race in the Elite category.
- Riders wishing to compete in a category other than what is on their license are required to receive written permission by Cycling BC.



- Category change requests can be sent to cory@cyclingbc.net. We will NOT be able to accommodate upgrade requests made onsite.
- Athletes aged 14 years old (born in 2007) wishing to compete in the U17 event race must receive a temporary upgrade letter from Cycling BC. In order to be considered for an upgrade, the athlete must submit the following to Cycling BC no less than 3 weeks prior to the event:
 - a letter of recommendation written by that athlete’s NCCP certified coach
 - a list of results obtained in track events sanctioned by a provincial or national sport organization during the 2019 or 2020 season
 - Non-BC residents should submit a photocopy of their UCI license
- Upgrade request can be sent to cory@cyclingbc.net. We will NOT be able to accommodate upgrade requests made onsite.

3.6 Sign on or Registration and package pickup

Online Registration Link	https://www.burnabyvelodrome.ca/racing/provincial-track-championships/registration/
Registration Close	August 19 th , 2021 – 12:00 pm PST (Noon)

- Registration will close at 12:00pm PST on August 19th, 2021. Noon - No exceptions.
- There will be no day-of registrations accepted.
- Registration fees are non-refundable. No exceptions.
- Race numbers must be picked up at least 30 minutes prior to your first event.
 - See the schedule.
 - Velodrome infield

3.7 Fees

2020/2021 BVC Members	Free
All Others	\$30.00

Membership is \$25.00 and available at the following link:
<https://my.burnabyvelodrome.ca/>

3.8 Accreditation

Accreditation will not be required for this event. However, only athletes and team staff are allowed in the rider pits. If you are not an athlete, team staff or event staff you should not be in rider area.

All riders, managers, coaches, mechanics and spectators are under the supervision of the officials and race organizer, under the regulations of Cycling Canada. **Inappropriate conduct may result in removal from the infield and/or**

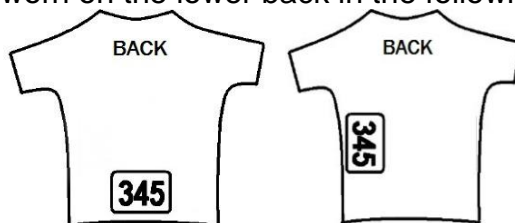


facility for that session. Particularly egregious behaviour will result in a ban and/or disqualification from the competition.

3.9 Race numbers and timing information

- One race number will be issued to each rider.

Numbers must be worn on the lower back in the following manner:



- Riders are required to wear clothing that corresponds with the team/club indicated on their license. Failure to wear appropriate clothing may result in fines. Independent riders must wear neutral clothing, without sponsors.

3.10 Doping Control

- All races are conducted under UCI Antidoping regulations.
- It is the rider's and team manager's responsibility to know the rules.
- Drug Test Facility for CCES Antidoping Inspector to be announced at each venue.
- Athletes who are selected for testing will be met at the finish line by a chaperone. *Note to all athletes who DNF you must report to the finish line. – Medical problems should be reported to a commissaire.
- Athletes participating at the BC Provincial Track Championships requiring the use of a medication included on the Prohibited List must have a TUE prior to participating in the event.
- This applies to all categories of athlete: elite, junior, master, etc. To obtain forms and TUE requirements, athletes are encouraged to visit the TUE Wizard, <http://cces.ca/tueforms>

3.11 Equipment

- Approved helmets are required while riding a bike at all times.
- Riders are required to wear club or team jerseys corresponding to their license
- UCI equipment regulations will be enforced. A jig will be onsite for measuring bike setup.

3.11.1 Gear Restrictions

- U19 (Juniors): unrestricted
- U17: 7.12m rollout (gearing suggestion: 50x15)
- U15: 6.71m rollout (gearing suggestion: 50x16 / 38x12)



- If categories are combined, riders racing up will be permitted to use the gearing applicable to the higher category.
- Disc wheels will not be allowed for U15 & U17 (maximum rim depth 40mm).
- Carbon wheels will not be allowed for U15 & U17.
- Commissaires may check gears before and/or after each heat or race.

3.12 Podium Protocol

- Ceremonies for all Provincial Championship events will occur at the end of each session on each day as applicable.
- Podiums for Youth racing program will occur immediately after racing session.
- All athletes who have placed on the podium must attend the award ceremonies. Failure to do so will result in a fine and loss of award. Riders who cannot attend the ceremony must advise the Chief Commissaire or the Technical Delegate with a valid reason.
- Riders must wear their cycling kit to the award ceremony. Failure to do so will result in a fine and loss of award.

3.13 Results

- Results will be posted in the infield screen, as well as on www.racetiming.ca

3.14 Race Services and Amenities

3.14.1 Team area, washroom and showers

- Team pits will not be allocated, Pits are available on a first come first serve basis.
- Washroom and shower facilities are available onsite. However due to COVID-19 their use is discouraged.
- An information desk will be set near the secretaries table near the finish straightaway. If you have any questions or concerns, please talk to the volunteers at the info desk.
- Paper copies of start lists will be posted physically or electronically
- Results will be posted in the infield physically or on a monitor
- Wi-Fi: there is free public wi-fi in the velodrome.
- Equipment on the infield: equipment can be left on the infield overnight. However, please note that there will not be a security agent present during the night. The facility is locked after the event.
- BVC will is not responsible for the security of personal items left at the velodrome.

3.14.2 Parking

Riders and families are encouraged to carpool to this event. It is possible to park at the velodrome. No parking pass needed.



Athletes and their families are not permitted to park in staff parking during all sessions.

3.14.3 Admission for Spectators

Admission to the Provincial Championships is free all sessions.

Due to COVID we would appreciate that you limit the number of spectators in appreciation for the athletes. Spectators should stay in the stands as much as possible.

3.14.4 First aid and medical

- First aid will be on-site for all sessions. Located near the Secretaries desk.
- The medical team will treat athletes, staff, officials and volunteers.
- The closest hospital is located 9.6km from the velodrome:
Burnaby General Hospital
[3935 Kincaid St.](#)
Burnaby, BC
V5G 2X6

3.14.5 Security and policing

- Call 9-1-1

3.14.6 Lodging and restaurants

EXECUTIVE SUITES HOTEL
4201 Lougheed Hwy
Burnaby, BC V5C 3Y6
Tel: 604.298.2010 | fax: 604.298.1123
Group ID # 30040
www.executivehotels.net
sreservationsb@executivehotels.net



Deluxe Queen Suites	CA\$180.00
Superior Doubles Suites.....	CA\$190.00
Premium King Suite	CA\$210.00

15% additional tax will apply.

Rates are based on double occupancy

Additional person over double occupancy \$10/person

(maximum 4 guest can stay in one room with additional \$10/person)

including Parking, Internet

Cutoff date 72 hrs prior to the arrival

Deluxe Queen - One Queen Bed equipped with a kitchenette including fridge and microwave.

Queen Room comes with separate living room area, with a sofa bed

Superior Double Suites - One bedroom Suites that feature two doubles, sofa bed in

living area that equipped with a kitchenette including fridge and microwave.

Premium King Suites - One King bed equipped with a kitchenette including fridge and microwave.

Queen Room comes with separate living room area, with a sofa bed and large jetted tub

3.14.7 Travel directions

Burnaby Velodrome Club

Harry Jerome Sports Center

[7564 Barnet Highway](#)

Burnaby, BC V5A 1E7

Canada

Driving directions from Vancouver International Airport:

[CLICK HERE](#)

3.15 Questions?

Please contact the event organizer at info@burnabyvelodrome.ca

