2016 BC Track Championships

Tech Guide

<u>Burnaby Velodrome</u> <u>Burnaby, BC</u>

August 26 to 28, 2016

This is a draft Tech Guide. Final copy to be posted no later than August 25, 2016

2016 BC Track Championships August 26 to 28

Cycling BC and the Burnaby Velodrome Club would like to welcome you to the 2016 BC Track Championships.

Please read through the following information related to this year's event. The information provided is to help clarify some of the race protocol and rules. As this is a Cycling BC sanctioned event, it is important that all riders, parents and coaches are aware of all the rules for bike racing. This may include information from Cycling BC, Cycling Canada and the UCI.

If you have any questions, or need clarification on any of the items in this document, please do not hesitate to contact Barry Lyster / <u>races@cyclingbc.net</u>.

Event Contact Information

Event Website:	burnabyvelodrome.ca	
Event Organizer	Mike Rothengatter	mgroth@telus.net
Timing and Results	Mike Rothengatter	mgroth@telus.net
Barry Lyster	Cycling BC Technical Delegate	races@cyclingbc.net
Vanessa Kroeker	Cycling BC Membership	membership@cyclingbc.net

Schedule/Registration

Friday, August 26 – 9:30 am sign-on opens / 11:00 am racing starts Saturday, August 27 – 9:00 am racing starts Sunday, August 28 – 9:00 am racing starts Please go to the event website at **Burnabyvelodrome.ca** for a detailed race schedule and for registration.

<u>Rider Etiquette</u>

All riders, coaches and parent are to conduct themselves in a responsible, respectable manner on and off the race course.

The use of foul language, violent outbursts, throwing of bikes and equipment is not acceptable. Disqualification from the event and further disciplinary measures will be applied to those who conduct themselves in such manners.

All riders must always wear a helmet any time you are on your bike, even if you are not racing.

Eligibility / Licensing

The BC Track Championships races are open to all Elite, Master, Junior and Youth riders who hold a UCI road license, Cycling BC Provincial License, or a race license from their respective Provincial or State cycling governing body. 1-day licenses are not available.

All riders must have the training and the skills to compete on the Burnaby Velodrome. This may include a Learn to Race course conducted by the Burnaby Velodrome Club. Riders without the appropriate skills and experience will not be permitted to race.

To be eligible to win a BC Championship, the rider must be a resident of BC and hold a Cycling BC Provincial or a UCI race license.

If the winner of the race is not eligible to be the BC Champion, there will be 2 podiums for the race. The first one will recognize the top three finishing positions in the race. The second podium will recognize the top three BC residents and Cycling BC license holders.

Category Structure

All riders are required to race in their designated race age category. This age is determined by the rider's age as of December 31, 2016. Here is the corresponding category for the rider's age:

Category	Age as of December 31, 2016	Birth-year of rider		
U13	11, 12	2004, 2005		
U15	13, 14	2002, 2003		
U17	15, 16	2000, 2001		
U19	17, 18	1998, 1999		
Master 40+	40+	1976 or older		
Elite	19	1997 or older		

Categories may be combined for racing at the discretion of the Chief Commissaire, Cycling BC and event organizers. If age categories are combined, results, podiums and prizing may be awarded to the individual age categories, but not guaranteed.

BC Championship Jersey and Podium

There will be a BC Championship jersey presented to the winner of each age category in the selected BC Championship events. Medals will also be presented to second and third place.

BC Championship events are: Omnium, Individual Pursuit, Sprints, Keirin.

A minimum of 4 riders may be required for a championship category.

Important

- All athletes who have placed on the podium must attend the awards ceremonies. Failure to do so will result in a fine and loss of award (including prize money if applicable). Riders who cannot attend the awards ceremony must advise the Chief Commissaire or the Technical Delegate with a valid reason. Reasons such as, "I have a ferry to catch" will not be accepted.
- Riders must wear cycling apparel to the awards ceremony including team kit and race shoes. Failure to do so will result in a fine and loss of award (including prize money).

Bike Checks

All bikes must conform to the UCI rules. Officials will be on hand to check bikes for compliance. Bikes that do not comply to these rules may be banned from the races.

Junior and Youth Requirements

- U19 categories will not be subject to bike and equipment restrictions.
- U17 riders are restricted to a 7.12 gear roll-out or a 90 inch gear. Wheels must be low-profile, non-carbon (may not exceed 40mm). U17 riders may use clip-on aero bars for TT races.
- U15 riders are restricted to an 86 inch gear. Wheels must be low-profile, non-carbon (may not exceed 40mm). U15 riders may not use clip-on aero bars for TT races.
- U13 riders are restricted to an 84 inch gear. Wheels must be low-profile, non-carbon (may not exceed 40mm). U15 riders may not use clip-on aero bars for TT races

Doping Control

- All races are conducted under UCI anti-doping regulations
- It is the riders and team manager's responsibility to know the rules
- Doping control location will be clearly marked

Race Services and Amenities

- Team pit area will be available. Please confirm your space with organizer.
- Washrooms are available on site.

Parking

• There is ample on-site parking

First Aid and Medical

A team of trained medical staff will be in place during the event. The area is served by 911 service

Omnium Race Distances

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Category	Flying Lap	Scratch Race	Individual Pursuit	Elimination	TT	Points Race
U13 Girl	200 m	2 km				
U13 Boy	200 m	2 km				
U15 Girl	200 m	5 km	2 km			7.5 km
U15 Boy	200 m	5 km	2 km			7.5 km
U17 Girl	200 m	5 km	2 km		500 m	12.5 km
U17 Boy	200 m	7.5 km	2 km		500 m	15 km
U19 Girl	200 m	7.5 km	2 km		500 m	15 km
U19 Boy	200 m	10 km	3 km		1 km	20 km
Master Cat 3, 4 Men	200 m	10 km	3 km		1 km	20 km
Master Cat 3, 4 Women	200 m	5 km	2 km		500 m	12.5 km
Elite Men	200 m	10 km	4 km		1 km	25 km
Elite Women	200 m	7.5 km	3 km		500 m	15 km

Distances and category groupings are subject to change.