

Schedule subject to change throughout the season.

Last updated: 10-Mar-10

| Week of: 5-Apr-2010 | | | | | | | |
|---------------------|--------|---------------|------------------------------|---------------|---------------------------|----------|--------|
| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| | 05-Apr | 06-Apr | 07-Apr | 08-Apr | 09-Apr | 10-Apr | 11-Apr |
| 9 am to 12 pm | CLOSED | Open training | | Open training | | | |
| 1 pm to 1:30 pm | CLOSED | | | | | | |
| 1:30 pm to 2 pm | CLOSED | | | | | | |
| 2 pm to 2:30 pm | CLOSED | | Elite structured training | | Elite structured training | | |
| 2:30 pm to 3 pm | CLOSED | | Elite structured training | | Elite structured training | | |
| 3 pm to 3:30 pm | CLOSED | | Elite structured training | | Elite structured training | | |
| 3:30 pm to 4 pm | CLOSED | | Elite structured training | | Elite structured training | | |
| 4 pm to 4:30 pm | CLOSED | | Jr/Youth structured training | | OPEN | | |
| 4:30 pm to 5 pm | CLOSED | | Jr/Youth structured training | | OPEN | | |
| 5 pm to 5:30 pm | CLOSED | | Jr/Youth structured training | | OPEN | | |
| 5:30 pm to 6 pm | CLOSED | | OPEN | | OPEN | | |
| 6 pm to 6:30 pm | CLOSED | | OPEN | | OPEN | | |
| 6:30 pm to 7 pm | CLOSED | | OPEN | | OPEN | | |
| 7 pm to 7:30 pm | CLOSED | | OPEN | | OPEN | OPEN | |
| 7:30 pm to 8 pm | CLOSED | | OPEN | | OPEN | OPEN | |
| 8 pm to 8:30 pm | CLOSED | | OPEN | | OPEN | OPEN | |
| 8:30 pm to 9 pm | CLOSED | | OPEN | | OPEN | OPEN | |
| 9 pm to 9:30 pm | CLOSED | | OPEN | | OPEN | OPEN | |
| 9:30 pm to 10 pm | CLOSED | | OPEN | | OPEN | OPEN | |

| Week of: 12-Mar-2010 | | | | | | | |
|----------------------|------------------|---------------|------------------------------|---------------|---------------------------|----------|--------|
| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| | 12-Apr | 13-Apr | 14-Apr | 15-Apr | 16-Apr | 17-Apr | 18-Apr |
| 9 am to 12 pm | | Open training | | Open training | | | |
| 1 pm to 1:30 pm | | | | | | | |
| 1:30 pm to 2 pm | | | | | | | |
| 2 pm to 2:30 pm | | | Elite structured training | | Elite structured training | | |
| 2:30 pm to 3 pm | | | Elite structured training | | Elite structured training | | |
| 3 pm to 3:30 pm | OPEN | | Elite structured training | | Elite structured training | | |
| 3:30 pm to 4 pm | OPEN | | Elite structured training | | Elite structured training | | |
| 4 pm to 4:30 pm | New/Youth riders | | Jr/Youth structured training | | OPEN | | |
| 4:30 pm to 5 pm | New/Youth riders | | Jr/Youth structured training | | OPEN | | |
| 5 pm to 5:30 pm | New/Youth riders | | Jr/Youth structured training | | OPEN | | |
| 5:30 pm to 6 pm | New/Youth riders | | OPEN | | OPEN | | |
| 6 pm to 6:30 pm | | | OPEN | | OPEN | | |
| 6:30 pm to 7 pm | | | OPEN | | OPEN | | |
| 7 pm to 7:30 pm | | | OPEN | | OPEN | OPEN | |
| 7:30 pm to 8 pm | | | OPEN | | OPEN | OPEN | |
| 8 pm to 8:30 pm | | | OPEN | | OPEN | OPEN | |
| 8:30 pm to 9 pm | | | OPEN | | OPEN | OPEN | |
| 9 pm to 9:30 pm | | | OPEN | | OPEN | OPEN | |
| 9:30 pm to 10 pm | | | OPEN | | OPEN | OPEN | |

Schedule subject to change throughout the season.

Last updated: 10-Mar-10

| Week of: 19-Mar-2010 | | | | | | | |
|----------------------|------------------|---------------|------------------------------|---------------|---------------------------|----------|--------|
| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| | 19-Apr | 20-Apr | 21-Apr | 22-Apr | 23-Apr | 24-Apr | 25-Apr |
| 9 am to 12 pm | | Open training | | Open training | | | |
| 1 pm to 1:30 pm | | | | | | | |
| 1:30 pm to 2 pm | | | | | | | |
| 2 pm to 2:30 pm | | | Elite structured training | | Elite structured training | | |
| 2:30 pm to 3 pm | | | Elite structured training | | Elite structured training | | |
| 3 pm to 3:30 pm | OPEN | | Elite structured training | | Elite structured training | | |
| 3:30 pm to 4 pm | OPEN | | Elite structured training | | Elite structured training | | |
| 4 pm to 4:30 pm | New/Youth riders | | Jr/Youth structured training | | OPEN | | |
| 4:30 pm to 5 pm | New/Youth riders | | Jr/Youth structured training | | OPEN | | |
| 5 pm to 5:30 pm | New/Youth riders | | Jr/Youth structured training | | OPEN | | |
| 5:30 pm to 6 pm | New/Youth riders | | OPEN | | OPEN | | |
| 6 pm to 6:30 pm | | | OPEN | | OPEN | | |
| 6:30 pm to 7 pm | | | OPEN | | OPEN | | |
| 7 pm to 7:30 pm | | | OPEN | | OPEN | OPEN | |
| 7:30 pm to 8 pm | | | OPEN | | OPEN | OPEN | |
| 8 pm to 8:30 pm | | | OPEN | | OPEN | OPEN | |
| 8:30 pm to 9 pm | | | OPEN | | OPEN | OPEN | |
| 9 pm to 9:30 pm | | | OPEN | | OPEN | OPEN | |
| 9:30 pm to 10 pm | | | OPEN | | OPEN | OPEN | |

| Week of: 26-Mar-2010 | | | | | | | |
|----------------------|------------------|---------------|------------------------------|---------------|---------------------------|----------|--------|
| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| | 26-Apr | 27-Apr | 28-Apr | 29-Apr | 30-Apr | 01-May | 02-May |
| 9 am to 12 pm | | Open training | | Open training | | | |
| 1 pm to 1:30 pm | | | | | | | |
| 1:30 pm to 2 pm | | | | | | | |
| 2 pm to 2:30 pm | | | Elite structured training | | Elite structured training | | |
| 2:30 pm to 3 pm | | | Elite structured training | | Elite structured training | | |
| 3 pm to 3:30 pm | OPEN | | Elite structured training | | Elite structured training | | |
| 3:30 pm to 4 pm | OPEN | | Elite structured training | | Elite structured training | | |
| 4 pm to 4:30 pm | New/Youth riders | | Jr/Youth structured training | | OPEN | | |
| 4:30 pm to 5 pm | New/Youth riders | | Jr/Youth structured training | | OPEN | | |
| 5 pm to 5:30 pm | New/Youth riders | | Jr/Youth structured training | | OPEN | | |
| 5:30 pm to 6 pm | New/Youth riders | | OPEN | | OPEN | | |
| 6 pm to 6:30 pm | | | OPEN | | OPEN | | |
| 6:30 pm to 7 pm | | | OPEN | | OPEN | | |
| 7 pm to 7:30 pm | | | OPEN | | | | |
| 7:30 pm to 8 pm | | | OPEN | | | | |
| 8 pm to 8:30 pm | | | OPEN | | | | |
| 8:30 pm to 9 pm | | | OPEN | | | | |
| 9 pm to 9:30 pm | | | OPEN | | | | |
| 9:30 pm to 10 pm | | | OPEN | | | | |

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| Week of: | | | | | | | |
|------------------|--------|---------|-----------|----------|--------|----------|--------|
| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| 9 am to 12 pm | | | | | | | |
| 1 pm to 1:30 pm | | | | | | | |
| 1:30 pm to 2 pm | | | | | | | |
| 2 pm to 2:30 pm | | | | | | | |
| 2:30 pm to 3 pm | | | | | | | |
| 3 pm to 3:30 pm | | | | | | | |
| 3:30 pm to 4 pm | | | | | | | |
| 4 pm to 4:30 pm | | | | | | | |
| 4:30 pm to 5 pm | | | | | | | |
| 5 pm to 5:30 pm | | | | | | | |
| 5:30 pm to 6 pm | | | | | | | |
| 6 pm to 6:30 pm | | | | | | | |
| 6:30 pm to 7 pm | | | | | | | |
| 7 pm to 7:30 pm | | | | | | | |
| 7:30 pm to 8 pm | | | | | | | |
| 8 pm to 8:30 pm | | | | | | | |
| 8:30 pm to 9 pm | | | | | | | |
| 9 pm to 9:30 pm | | | | | | | |
| 9:30 pm to 10 pm | | | | | | | |

New Riders : Any rider going through Learn to Ride program or recently graduated from Learn to Ride program

Masters : Any rider 30 years of age and older with "Masters" designation on their licence. These sessions will be run by BVC Coach Jeremy Storie. Please contact for more information.

Elite : Any rider that is a Professional or Category 1 or 2 track rider. These sessions will be conducted by Provincial Coach Richard Wooles and BVC Coach. If you wish to participate please contact BVC coach via website or speak to him at the track

Junior : Any rider under the age of 19 or some under 23 riders as BVC Coach's discretion.