

# 2012 Burnaby Velodrome March Schedule

Schedule subject to change throughout the season.

Last updated: 05-Feb-12



Week of: 27-Feb-2012							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	27-Feb	28-Feb	29-Feb	01-Mar	02-Mar	03-Mar	04-Mar
9 am to 12 pm	Open training			Open training			
1 pm to 1:30 pm							
1:30 pm to 2 pm							
2 pm to 2:30 pm			Elite structured training		Elite structured training		
2:30 pm to 3 pm			Elite structured training		Elite structured training		
3 pm to 3:30 pm	OPEN		Elite structured training		Elite structured training		
3:30 pm to 4 pm	OPEN		Elite structured training		Elite structured training		
4 pm to 4:30 pm	New/Youth riders		Jr/Youth structured training		OPEN		
4:30 pm to 5 pm	New/Youth riders		Jr/Youth structured training		OPEN		
5 pm to 5:30 pm	New/Youth riders		Jr/Youth structured training		OPEN		
5:30 pm to 6 pm	New/Youth riders		OPEN		OPEN		
6 pm to 6:30 pm			OPEN		Warm up		
6:30 pm to 7 pm			BVC structured workout		Novice & Wmns Racing		
7 pm to 7:30 pm			BVC structured workout		Club Racing ABC	OPEN	
7:30 pm to 8 pm			BVC structured workout		Club Racing ABC	LTR 3	
8 pm to 8:30 pm			BVC structured workout		Club Racing ABC	LTR 3	
8:30 pm to 9 pm			LTR 2		OPEN	LTR 3	
9 pm to 9:30 pm			LTR 2		OPEN	OPEN	
9:30 pm to 10 pm			LTR 2		OPEN	OPEN	

Week of: 5-Mar-2012							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	05-Mar	06-Mar	07-Mar	08-Mar	09-Mar	10-Mar	11-Mar
9 am to 12 pm		structured training		Open training			
1 pm to 1:30 pm							
1:30 pm to 2 pm							
2 pm to 2:30 pm			Elite structured training		Elite structured training		
2:30 pm to 3 pm			Elite structured training		Elite structured training		
3 pm to 3:30 pm	OPEN		Elite structured training		Elite structured training		
3:30 pm to 4 pm	OPEN		Elite structured training		Elite structured training		
4 pm to 4:30 pm	New/Youth riders		Jr/Youth structured training		OPEN		
4:30 pm to 5 pm	New/Youth riders		Jr/Youth structured training		OPEN		
5 pm to 5:30 pm	New/Youth riders		Jr/Youth structured training		OPEN		
5:30 pm to 6 pm	New/Youth riders		OPEN		OPEN		
6 pm to 6:30 pm			OPEN		Warm up		
6:30 pm to 7 pm			BVC structured workout		Novice & Wmns Racing		
7 pm to 7:30 pm			BVC structured workout		Club Racing ABC	OPEN	
7:30 pm to 8 pm			BVC structured workout		Club Racing ABC	OPEN	
8 pm to 8:30 pm			LTR 1		Club Racing ABC	OPEN	
8:30 pm to 9 pm			LTR 1		OPEN	OPEN	
9 pm to 9:30 pm			LTR 1		OPEN	OPEN	
9:30 pm to 10 pm			OPEN		OPEN	OPEN	

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**Week of: 12-Mar-2012**

	Monday 12-Mar	Tuesday 13-Mar	Wednesday 14-Mar	Thursday 15-Mar	Friday 16-Mar	Saturday 17-Mar	Sunday 18-Mar
9 am to 12 pm		Open training		Open training			
1 pm to 1:30 pm							
1:30 pm to 2 pm			Elite structured training		Elite structured training		
2 pm to 2:30 pm			Elite structured training		Elite structured training		
2:30 pm to 3 pm			Elite structured training		Elite structured training		
3 pm to 3:30 pm	OPEN		Elite structured training		Elite structured training		
3:30 pm to 4 pm	OPEN		Elite structured training		Elite structured training		
4 pm to 4:30 pm	New/Youth riders		Jr/Youth structured training		OPEN		
4:30 pm to 5 pm	New/Youth riders		Jr/Youth structured training		OPEN		
5 pm to 5:30 pm	New/Youth riders		Jr/Youth structured training		OPEN		
5:30 pm to 6 pm	New/Youth riders		OPEN		OPEN		
6 pm to 6:30 pm			OPEN		OPEN		
6:30 pm to 7 pm			OPEN		OPEN		
7 pm to 7:30 pm			LTR1		LTR3	OPEN	
7:30 pm to 8 pm			LTR1		LTR3	OPEN	
8 pm to 8:30 pm			LTR1		LTR3	OPEN	
8:30 pm to 9 pm			LTR2		OPEN	OPEN	
9 pm to 9:30 pm			LTR2		OPEN	OPEN	
9:30 pm to 10 pm			OPEN		OPEN	OPEN	

**Week of: 19-Mar-2012**

	Monday 19-Mar	Tuesday 20-Mar	Wednesday 21-Mar	Thursday 22-Mar	Friday 23-Mar	Saturday 24-Mar	Sunday 25-Mar
9 am to 12 pm		Open training		Open training			
1 pm to 1:30 pm							
1:30 pm to 2 pm			Elite structured training		Elite structured training		
2 pm to 2:30 pm			Elite structured training		Elite structured training		
2:30 pm to 3 pm			Elite structured training		Elite structured training		
3 pm to 3:30 pm	OPEN		Elite structured training		Elite structured training		
3:30 pm to 4 pm	OPEN		Elite structured training		Elite structured training		
4 pm to 4:30 pm	New/Youth riders		Jr/Youth structured training		OPEN		
4:30 pm to 5 pm	New/Youth riders		Jr/Youth structured training		OPEN		
5 pm to 5:30 pm	New/Youth riders		Jr/Youth structured training		OPEN		
5:30 pm to 6 pm	New/Youth riders		OPEN		OPEN		
6 pm to 6:30 pm			OPEN		OPEN		
6:30 pm to 7 pm			OPEN		OPEN		
7 pm to 7:30 pm			OPEN		OPEN	OPEN	
7:30 pm to 8 pm			OPEN		OPEN	OPEN	
8 pm to 8:30 pm			OPEN		OPEN	OPEN	
8:30 pm to 9 pm			OPEN		OPEN	OPEN	
9 pm to 9:30 pm			OPEN		OPEN	OPEN	
9:30 pm to 10 pm			OPEN		OPEN	OPEN	

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Last updated: 05-Feb-12

**Week of: 26-Mar-2012**

	Monday 26-Mar	Tuesday 27-Mar	Wednesday 28-Mar	Thursday 29-Mar	Friday 30-Mar	Saturday 31-Mar	Sunday 01-Apr
9 am to 12 pm		Open training		Open training			
1 pm to 1:30 pm							
1:30 pm to 2 pm			Elite structured training		Elite structured training		
2 pm to 2:30 pm			Elite structured training		Elite structured training		
2:30 pm to 3 pm			Elite structured training		Elite structured training		
3 pm to 3:30 pm	OPEN		Elite structured training		Elite structured training		
3:30 pm to 4 pm	OPEN		Elite structured training		Elite structured training		
4 pm to 4:30 pm	New/Youth riders		Jr/Youth structured training		OPEN		
4:30 pm to 5 pm	New/Youth riders		Jr/Youth structured training		OPEN		
5 pm to 5:30 pm	New/Youth riders		Jr/Youth structured training		OPEN		
5:30 pm to 6 pm	New/Youth riders		OPEN		OPEN		
6 pm to 6:30 pm			OPEN		OPEN		
6:30 pm to 7 pm			OPEN		OPEN		
7 pm to 7:30 pm			OPEN		OPEN	OPEN	
7:30 pm to 8 pm			OPEN		OPEN	OPEN	
8 pm to 8:30 pm			OPEN		OPEN	OPEN	
8:30 pm to 9 pm			OPEN		OPEN	OPEN	
9 pm to 9:30 pm			OPEN		OPEN	OPEN	
9:30 pm to 10 pm			OPEN		OPEN	OPEN	

New Riders : Any rider going through Learn to Ride program or recently graduated from Learn to Ride program

Masters : Any rider 30 years of age and older with "Masters" designation on their licence. These sessions will be run by BVC Coach Jeremy Storie. Please contact for more information.

Elite : Any rider that is a Professional or Category 1 or 2 track rider. These sessions will be conducted by Provincial Coach Richard Wooles and BVC Coach. If you wish to participate please contact BVC coach via website or speak to him at the track

Junior : Any rider under the age of 19 or some under 23 riders as BVC Coach's discretion.