

Schedule subject to change throughout the season.

Last updated: 04-Jan-12

Week of: 2-Jan-2012							
	Monday 02-Jan	Tuesday 03-Jan	Wednesday 04-Jan	Thursday 05-Jan	Friday 06-Jan	Saturday 07-Jan	Sunday 08-Jan
9 am to 12 pm		Open training		Open training			
1 pm to 1:30 pm	OPEN						
1:30 pm to 2 pm	OPEN						
2 pm to 2:30 pm	OPEN		Elite structured training		Elite structured training		
2:30 pm to 3 pm	OPEN		Elite structured training		Elite structured training		
3 pm to 3:30 pm	OPEN		Elite structured training		Elite structured training		
3:30 pm to 4 pm	OPEN		Elite structured training		Elite structured training		
4 pm to 4:30 pm			Jr/Youth structured training		OPEN		
4:30 pm to 5 pm			Jr/Youth structured training		OPEN		
5 pm to 5:30 pm			Jr/Youth structured training		OPEN		
5:30 pm to 6 pm			OPEN		OPEN		
6 pm to 6:30 pm			OPEN		Warm up		
6:30 pm to 7 pm			OPEN		Novice & Wmns Racing		
7 pm to 7:30 pm			LTR 3		Club Racing ABC	Private LTR	
7:30 pm to 8 pm			LTR 3		Club Racing ABC	Private LTR	
8 pm to 8:30 pm			LTR 3		Club Racing ABC	Private LTR	
8:30 pm to 9 pm			LTRace		OPEN	Private LTR	
9 pm to 9:30 pm			LTRace		OPEN	Private LTR	
9:30 pm to 10 pm			LTRace		OPEN	OPEN	

Week of: 9-Jan-2012							
	Monday 09-Jan	Tuesday 10-Jan	Wednesday 11-Jan	Thursday 12-Jan	Friday 13-Jan	Saturday 14-Jan	Sunday 15-Jan
9 am to 12 pm		Structured training		Open training			
1 pm to 1:30 pm							
1:30 pm to 2 pm			Elite structured training		Elite structured training		
2 pm to 2:30 pm			Elite structured training		Elite structured training		
2:30 pm to 3 pm			Elite structured training		Elite structured training		
3 pm to 3:30 pm	OPEN		Elite structured training		Elite structured training		
3:30 pm to 4 pm	OPEN		Elite structured training		Elite structured training		
4 pm to 4:30 pm	New/Youth riders		Jr/Youth structured training		OPEN		
4:30 pm to 5 pm	New/Youth riders		Jr/Youth structured training		OPEN		
5 pm to 5:30 pm	New/Youth riders		Jr/Youth structured training		OPEN		
5:30 pm to 6 pm	New/Youth riders		OPEN		OPEN		
6 pm to 6:30 pm			OPEN		Warm up		
6:30 pm to 7 pm			BVC structured workout		Novice & Wmns Racing		
7 pm to 7:30 pm			BVC structured workout		Club Racing ABC	Open	
7:30 pm to 8 pm			BVC structured workout		Club Racing ABC	LTR3	
8 pm to 8:30 pm			LTR 1		Club Racing ABC	LTR3	
8:30 pm to 9 pm			LTR 1		LTR 2	LTR3	
9 pm to 9:30 pm			LTR 1		LTR 2	OPEN	
9:30 pm to 10 pm			OPEN		LTR 2	OPEN	

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Week of: 16-Jan-2012							
	Monday 16-Jan	Tuesday 17-Jan	Wednesday 18-Jan	Thursday 19-Jan	Friday 20-Jan	Saturday 21-Jan	Sunday 22-Jan
9 am to 12 pm		Structured training		Open training			
1 pm to 1:30 pm							
1:30 pm to 2 pm			Elite structured training		Elite structured training		
2 pm to 2:30 pm			Elite structured training		Elite structured training		
2:30 pm to 3 pm			Elite structured training		Elite structured training		
3 pm to 3:30 pm	OPEN		Elite structured training		Elite structured training		
3:30 pm to 4 pm	OPEN		Elite structured training		Elite structured training		
4 pm to 4:30 pm	New/Youth riders		Jr/Youth structured training		OPEN		
4:30 pm to 5 pm	New/Youth riders		Jr/Youth structured training		OPEN		
5 pm to 5:30 pm	New/Youth riders		Jr/Youth structured training		OPEN		
5:30 pm to 6 pm	New/Youth riders		OPEN		OPEN		
6 pm to 6:30 pm			OPEN		Warm up		
6:30 pm to 7 pm			BVC structured workout		Novice & Wmns Racing		
7 pm to 7:30 pm			BVC structured workout		Club Racing ABC	OPEN	
7:30 pm to 8 pm			BVC structured workout		Club Racing ABC	LTR 1	
8 pm to 8:30 pm			LTRace		Club Racing ABC	LTR 1	
8:30 pm to 9 pm			LTRace		OPEN	LTR 1	
9 pm to 9:30 pm			LTRace		OPEN	OPEN	
9:30 pm to 10 pm			OPEN		OPEN	OPEN	

Week of: 23-Jan-2012							
	Monday 23-Jan	Tuesday 24-Jan	Wednesday 25-Jan	Thursday 26-Jan	Friday 27-Jan	Saturday 28-Jan	Sunday 29-Jan
9 am to 12 pm		Structured training		Open training			
1 pm to 1:30 pm							
1:30 pm to 2 pm			Elite structured training		Elite structured training		
2 pm to 2:30 pm			Elite structured training		Elite structured training		
2:30 pm to 3 pm			Elite structured training		Elite structured training		
3 pm to 3:30 pm	OPEN		Elite structured training		Elite structured training		
3:30 pm to 4 pm	OPEN		Elite structured training		Elite structured training		
4 pm to 4:30 pm	New/Youth riders		Jr Pan Am Trials		Jr Pan Am Trials		
4:30 pm to 5 pm	New/Youth riders		Jr Pan Am Trials		Jr Pan Am Trials		
5 pm to 5:30 pm	New/Youth riders		Jr Pan Am Trials		Jr Pan Am Trials		
5:30 pm to 6 pm	New/Youth riders		OPEN		OPEN		
6 pm to 6:30 pm			OPEN		Warm up		
6:30 pm to 7 pm			BVC structured workout		Novice & Wmns Racing		
7 pm to 7:30 pm			BVC structured workout		Club Racing ABC	LTR 3	
7:30 pm to 8 pm			BVC structured workout		Club Racing ABC	LTR 3	
8 pm to 8:30 pm			LTR 1		Club Racing ABC	LTR 3	
8:30 pm to 9 pm			LTR 1		LTR 2	OPEN	
9 pm to 9:30 pm			LTR 1		LTR 2	OPEN	
9:30 pm to 10 pm			OPEN		LTR 2	OPEN	

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5:30 pm to 6 pm							
6 pm to 6:30 pm							
6:30 pm to 7 pm							
7 pm to 7:30 pm							
7:30 pm to 8 pm							
8 pm to 8:30 pm							
8:30 pm to 9 pm							
9 pm to 9:30 pm							
9:30 pm to 10 pm							

New Riders : Any rider going through Learn to Ride program or recently graduated from Learn to Ride program

Masters : Any rider 30 years of age and older with "Masters" designation on their licence. These sessions will be run by BVC Coach Jeremy Storie. Please contact for more information.

Elite : Any rider that is a Professional or Category 1 or 2 track rider. These sessions will be conducted by Provincial Coach Richard Wooles and BVC Coach. If you wish to participate please contact BVC coach via website or speak to him at the track

Junior : Any rider under the age of 19 or some under 23 riders as BVC Coach's discretion.