

Schedule subject to change throughout the season.

Last updated: 27-Dec-11

Week of: 5-Dec-2011							
	Monday 05-Dec	Tuesday 06-Dec	Wednesday 07-Dec	Thursday 08-Dec	Friday 09-Dec	Saturday 10-Dec	Sunday 11-Dec
9 am to 12 pm		Open training		Open training			
1 pm to 1:30 pm							
1:30 pm to 2 pm							
2 pm to 2:30 pm			Elite structured training		Elite structured training		
2:30 pm to 3 pm			Elite structured training		Elite structured training		
3 pm to 3:30 pm	OPEN		Elite structured training		Elite structured training		
3:30 pm to 4 pm	OPEN		Elite structured training		Elite structured training		
4 pm to 4:30 pm	New/Youth riders		Jr/Youth structured training		OPEN		
4:30 pm to 5 pm	New/Youth riders		Jr/Youth structured training		OPEN		
5 pm to 5:30 pm	New/Youth riders		Jr/Youth structured training		OPEN		
5:30 pm to 6 pm	New/Youth riders		OPEN		OPEN		
6 pm to 6:30 pm			OPEN		OPEN		
6:30 pm to 7 pm			Structured workout		Novice/Wmns Racing		
7 pm to 7:30 pm			Structured workout		Club Racing ABC	Squamish LTR	
7:30 pm to 8 pm			Structured workout		Club Racing ABC	Squamish LTR	
8 pm to 8:30 pm			LTR 1		Club Racing ABC	Squamish LTR	
8:30 pm to 9 pm			LTR 1		OPEN	OPEN	
9 pm to 9:30 pm			LTR 1		OPEN	OPEN	
9:30 pm to 10 pm			OPEN		OPEN	OPEN	

Week of: 12-Dec-2011							
	Monday 12-Dec	Tuesday 13-Dec	Wednesday 14-Dec	Thursday 15-Dec	Friday 16-Dec	Saturday 17-Dec	Sunday 18-Dec
9 am to 12 pm		Open training		Open training			
1 pm to 1:30 pm							
1:30 pm to 2 pm							
2 pm to 2:30 pm			Elite structured training		Elite structured training		
2:30 pm to 3 pm			Elite structured training		Elite structured training		
3 pm to 3:30 pm	OPEN		Elite structured training		Elite structured training		
3:30 pm to 4 pm	OPEN		Elite structured training		Elite structured training		
4 pm to 4:30 pm	New/Youth riders		Jr/Youth structured training		OPEN		
4:30 pm to 5 pm	New/Youth riders		Jr/Youth structured training		OPEN		
5 pm to 5:30 pm	New/Youth riders		Jr/Youth structured training		OPEN		
5:30 pm to 6 pm	New/Youth riders		OPEN		OPEN		
6 pm to 6:30 pm			OPEN		OPEN		
6:30 pm to 7 pm			OPEN		OPEN		
7 pm to 7:30 pm			OPEN		LTR 2	Private group	
7:30 pm to 8 pm			OPEN		LTR 2	Private group	
8 pm to 8:30 pm			OPEN		LTR 2	Private group	
8:30 pm to 9 pm			OPEN		OPEN	Private group	
9 pm to 9:30 pm			OPEN		OPEN	OPEN	
9:30 pm to 10 pm			OPEN		OPEN	OPEN	

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Week of: 19-Dec-2011							
	Monday 19-Dec	Tuesday 20-Dec	Wednesday 21-Dec	Thursday 22-Dec	Friday 23-Dec	Saturday 24-Dec	Sunday 25-Dec
9 am to 12 pm		Open training		Open training			
1 pm to 1:30 pm							
1:30 pm to 2 pm							
2 pm to 2:30 pm			Elite structured training				
2:30 pm to 3 pm			Elite structured training				
3 pm to 3:30 pm	OPEN		Elite structured training				
3:30 pm to 4 pm	OPEN		Elite structured training				
4 pm to 4:30 pm	New/Youth riders		Jr/Youth structured training				
4:30 pm to 5 pm	New/Youth riders		Jr/Youth structured training				
5 pm to 5:30 pm	New/Youth riders		Jr/Youth structured training				
5:30 pm to 6 pm	New/Youth riders		OPEN				
6 pm to 6:30 pm			OPEN				
6:30 pm to 7 pm			OPEN				
7 pm to 7:30 pm			OPEN				
7:30 pm to 8 pm			OPEN				
8 pm to 8:30 pm			OPEN				
8:30 pm to 9 pm			OPEN				
9 pm to 9:30 pm			OPEN				
9:30 pm to 10 pm			OPEN				

Week of: 26-Nov-2011							
	Monday 26-Dec	Tuesday 27-Dec	Wednesday 28-Dec	Thursday 29-Dec	Friday 30-Dec	Saturday 31-Dec	Sunday 01-Jan
9 am to 12 pm		Youth Camp	Youth Camp	Youth Camp	OPEN 9-11		
1 pm to 1:30 pm		Nat Team Training	Nat Team Training	Nat Team Training	Nat Team Training		
1:30 pm to 2 pm		Nat Team Training	Nat Team Training	Nat Team Training	Nat Team Training		
2 pm to 2:30 pm		Nat Team Training	Nat Team Training	Nat Team Training	Nat Team Training		
2:30 pm to 3 pm		Nat Team Training	Nat Team Training	Nat Team Training	Nat Team Training		
3 pm to 3:30 pm		Development Camp	Development Camp	Development Camp	Development Camp		
3:30 pm to 4 pm		Development Camp	Development Camp	Development Camp	Development Camp		
4 pm to 4:30 pm		Development Camp	Development Camp	Development Camp	Development Camp		
4:30 pm to 5 pm		Development Camp	Development Camp	Development Camp	Development Camp		
5 pm to 5:30 pm		Development Camp	Development Camp	Development Camp	Development Camp		
5:30 pm to 6 pm			OPEN	OPEN	OPEN		
6 pm to 6:30 pm			BVC Race	BVC Race	BVC Race		
6:30 pm to 7 pm			BVC Race	BVC Race	BVC Race		
7 pm to 7:30 pm			BVC Race	BVC Race	BVC Race		
7:30 pm to 8 pm			BVC Race	BVC Race	BVC Race		
8 pm to 8:30 pm			BVC Race	BVC Race	BVC Race		
8:30 pm to 9 pm							
9 pm to 9:30 pm							
9:30 pm to 10 pm							

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Week of:

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9 am to 12 pm							
1 pm to 1:30 pm							
1:30 pm to 2 pm							
2 pm to 2:30 pm							
2:30 pm to 3 pm							
3 pm to 3:30 pm							
3:30 pm to 4 pm							
4 pm to 4:30 pm							
4:30 pm to 5 pm							
5 pm to 5:30 pm							
5:30 pm to 6 pm							
6 pm to 6:30 pm							
6:30 pm to 7 pm							
7 pm to 7:30 pm							
7:30 pm to 8 pm							
8 pm to 8:30 pm							
8:30 pm to 9 pm							
9 pm to 9:30 pm							
9:30 pm to 10 pm							

New Riders : Any rider going through Learn to Ride program or recently graduated from Learn to Ride program

Masters : Any rider 30 years of age and older with "Masters" designation on their licence. These sessions will be run by BVC Coach Jeremy Storie. Please contact for more information.

Elite : Any rider that is a Professional or Category 1 or 2 track rider. These sessions will be conducted by Provincial Coach Richard Wooles and BVC Coach. If you wish to participate please contact BVC coach via website or speak to him at the track

Junior : Any rider under the age of 19 or some under 23 riders as BVC Coach's discretion.