

Schedule subject to change throughout the season.

Last updated: 27-Sep-10

| Week of: 4-Oct-2010 | | | | | | | |
|---------------------|------------------|-------------------|------------------------------|--------------------|---------------------------|--------------------|------------------|
| | Monday 04-Oct | Tuesday 05-Oct | Wednesday 06-Oct | Thursday 07-Oct | Friday 08-Oct | Saturday 09-Oct | Sunday 10-Oct |
| 9 am to 12 pm | | Open training | | Open training | | | |
| 1 pm to 1:30 pm | | | | | | | |
| 1:30 pm to 2 pm | | | | | | | |
| 2 pm to 2:30 pm | | | Elite structured training | | Elite structured training | | |
| 2:30 pm to 3 pm | | | Elite structured training | | Elite structured training | | |
| 3 pm to 3:30 pm | | | Elite structured training | | Elite structured training | | |
| 3:30 pm to 4 pm | | | Elite structured training | | Elite structured training | | |
| 4 pm to 4:30 pm | New/Youth riders | | Jr/Youth structured training | | OPEN | | |
| 4:30 pm to 5 pm | New/Youth riders | | Jr/Youth structured training | | OPEN | | |
| 5 pm to 5:30 pm | New/Youth riders | | Jr/Youth structured training | | OPEN | | |
| 5:30 pm to 6 pm | New/Youth riders | | OPEN | | OPEN | | |
| 6 pm to 6:30 pm | | | OPEN | | Warm up | | |
| 6:30 pm to 7 pm | | | Structured workout | | Novice Racing | | |
| 7 pm to 7:30 pm | | | Structured workout | | Club Racing ABC | OPEN | |
| 7:30 pm to 8 pm | | | Structured workout | | Club Racing ABC | LTRace | |
| 8 pm to 8:30 pm | | | LTR 2 | | Club Racing ABC | LTRace | |
| 8:30 pm to 9 pm | | | LTR 2 | | LTR 3 | LTRace | |
| 9 pm to 9:30 pm | | | LTR 2 | | LTR 3 | OPEN | |
| 9:30 pm to 10 pm | | | OPEN | | LTR 3 | OPEN | |

| Week of: 11-Oct-2010 | | | | | | | |
|----------------------|------------------|-------------------|------------------------------|--------------------|---------------------------|--------------------|------------------|
| | Monday 11-Oct | Tuesday 12-Oct | Wednesday 13-Oct | Thursday 14-Oct | Friday 15-Oct | Saturday 16-Oct | Sunday 17-Oct |
| 9 am to 12 pm | Closed | Open training | | Open training | | | |
| 1 pm to 1:30 pm | Closed | | | | | | |
| 1:30 pm to 2 pm | Closed | | | | | | |
| 2 pm to 2:30 pm | Closed | | Elite structured training | | Elite structured training | | |
| 2:30 pm to 3 pm | Closed | | Elite structured training | | Elite structured training | | |
| 3 pm to 3:30 pm | Closed | | Elite structured training | | Elite structured training | | |
| 3:30 pm to 4 pm | Closed | | Elite structured training | | Elite structured training | | |
| 4 pm to 4:30 pm | Closed | | Jr/Youth structured training | | OPEN | | |
| 4:30 pm to 5 pm | Closed | | Jr/Youth structured training | | OPEN | | |
| 5 pm to 5:30 pm | Closed | | Jr/Youth structured training | | OPEN | | |
| 5:30 pm to 6 pm | Closed | | OPEN | | OPEN | | |
| 6 pm to 6:30 pm | Closed | | OPEN | | Warm up | | |
| 6:30 pm to 7 pm | Closed | | Structured workout | | Novice Racing | | |
| 7 pm to 7:30 pm | Closed | | Structured workout | | Club Racing ABC | OPEN | |
| 7:30 pm to 8 pm | Closed | | Structured workout | | Club Racing ABC | LTR2 | |
| 8 pm to 8:30 pm | Closed | | LTR 1 | | Club Racing ABC | LTR2 | |
| 8:30 pm to 9 pm | Closed | | LTR 1 | | OPEN | LTR2 | |
| 9 pm to 9:30 pm | Closed | | LTR 1 | | OPEN | OPEN | |
| 9:30 pm to 10 pm | Closed | | OPEN | | OPEN | OPEN | |

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Last updated: 27-Sep-10

| Week of: 18-Oct-2010 | | | | | | | |
|----------------------|------------------|-------------------|------------------------------|--------------------|---------------------------|--------------------|------------------|
| | Monday 18-Oct | Tuesday 19-Oct | Wednesday 20-Oct | Thursday 21-Oct | Friday 22-Oct | Saturday 23-Oct | Sunday 24-Oct |
| 9 am to 12 pm | | Open training | | Open training | | | |
| 1 pm to 1:30 pm | | | | | | | |
| 1:30 pm to 2 pm | | | | | | | |
| 2 pm to 2:30 pm | | | Elite structured training | | Elite structured training | | |
| 2:30 pm to 3 pm | | | Elite structured training | | Elite structured training | | |
| 3 pm to 3:30 pm | OPEN | | Elite structured training | | Elite structured training | | |
| 3:30 pm to 4 pm | OPEN | | Elite structured training | | Elite structured training | | |
| 4 pm to 4:30 pm | New/Youth riders | | Jr/Youth structured training | | OPEN | | |
| 4:30 pm to 5 pm | New/Youth riders | | Jr/Youth structured training | | OPEN | | |
| 5 pm to 5:30 pm | New/Youth riders | | Jr/Youth structured training | | OPEN | | |
| 5:30 pm to 6 pm | New/Youth riders | | OPEN | | OPEN | | |
| 6 pm to 6:30 pm | | | OPEN | | Warm up | | |
| 6:30 pm to 7 pm | | | Structured workout | | Novice Racing | | |
| 7 pm to 7:30 pm | | | Structured workout | | Club Racing ABC | OPEN | |
| 7:30 pm to 8 pm | | | Structured workout | | Club Racing ABC | LTR 1 | |
| 8 pm to 8:30 pm | | | LTR 3 | | Club Racing ABC | LTR 1 | |
| 8:30 pm to 9 pm | | | LTR 3 | | OPEN | LTR 1 | |
| 9 pm to 9:30 pm | | | LTR 3 | | OPEN | OPEN | |
| 9:30 pm to 10 pm | | | OPEN | | OPEN | OPEN | |

| Week of: 25-Oct-2010 | | | | | | | |
|----------------------|------------------|-------------------|------------------------------|--------------------|---------------------------|--------------------|------------------|
| | Monday 25-Oct | Tuesday 26-Oct | Wednesday 27-Oct | Thursday 28-Oct | Friday 29-Oct | Saturday 30-Oct | Sunday 31-Oct |
| 9 am to 12 pm | | Open training | | Open training | | | |
| 1 pm to 1:30 pm | | | | | | | |
| 1:30 pm to 2 pm | | | | | | | |
| 2 pm to 2:30 pm | | | Elite structured training | | Elite structured training | | |
| 2:30 pm to 3 pm | | | Elite structured training | | Elite structured training | | |
| 3 pm to 3:30 pm | OPEN | | Elite structured training | | Elite structured training | | |
| 3:30 pm to 4 pm | OPEN | | Elite structured training | | Elite structured training | | |
| 4 pm to 4:30 pm | New/Youth riders | | Jr/Youth structured training | | OPEN | | |
| 4:30 pm to 5 pm | New/Youth riders | | Jr/Youth structured training | | OPEN | | |
| 5 pm to 5:30 pm | New/Youth riders | | Jr/Youth structured training | | OPEN | | |
| 5:30 pm to 6 pm | New/Youth riders | | OPEN | | OPEN | | |
| 6 pm to 6:30 pm | | | OPEN | | Warm up | | |
| 6:30 pm to 7 pm | | | Structured workout | | Novice Racing | | |
| 7 pm to 7:30 pm | | | Structured workout | | Club Racing ABC | OPEN | |
| 7:30 pm to 8 pm | | | Structured workout | | Club Racing ABC | LTRace | |
| 8 pm to 8:30 pm | | | LTR 2 | | Club Racing ABC | LTRace | |
| 8:30 pm to 9 pm | | | LTR 2 | | LTR3 | LTRace | |
| 9 pm to 9:30 pm | | | LTR 2 | | LTR3 | OPEN | |
| 9:30 pm to 10 pm | | | OPEN | | LTR3 | OPEN | |

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Last updated: 27-Sep-10

| Week of: | | | | | | | |
|------------------|--------|---------|-----------|----------|--------|----------|--------|
| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| 9 am to 12 pm | | | | | | | |
| 1 pm to 1:30 pm | | | | | | | |
| 1:30 pm to 2 pm | | | | | | | |
| 2 pm to 2:30 pm | | | | | | | |
| 2:30 pm to 3 pm | | | | | | | |
| 3 pm to 3:30 pm | | | | | | | |
| 3:30 pm to 4 pm | | | | | | | |
| 4 pm to 4:30 pm | | | | | | | |
| 4:30 pm to 5 pm | | | | | | | |
| 5 pm to 5:30 pm | | | | | | | |
| 5:30 pm to 6 pm | | | | | | | |
| 6 pm to 6:30 pm | | | | | | | |
| 6:30 pm to 7 pm | | | | | | | |
| 7 pm to 7:30 pm | | | | | | | |
| 7:30 pm to 8 pm | | | | | | | |
| 8 pm to 8:30 pm | | | | | | | |
| 8:30 pm to 9 pm | | | | | | | |
| 9 pm to 9:30 pm | | | | | | | |
| 9:30 pm to 10 pm | | | | | | | |

New Riders : Any rider going through Learn to Ride program or recently graduated from Learn to Ride program

Masters : Any rider 30 years of age and older with "Masters" designation on their licence. These sessions will be run by BVC Coach Jeremy Storie. Please contact for more information.

Elite : Any rider that is a Professional or Category 1 or 2 track rider. These sessions will be conducted by Provincial Coach Richard Wooles and BVC Coach. If you wish to participate please contact BVC coach via website or speak to him at the track

Junior : Any rider under the age of 19 or some under 23 riders as BVC Coach's discretion.